

MODULE 1: General Tetrathlon Overview

- ▶ PCA NATIONAL TETRATHLON COMMITTEE, 2022
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V 2022.01

What is tetrathlon?

- ▶ Tetrathlon is a multi-discipline sport comprising 4 phases: -
 - ▶ Run
 - ▶ Swim
 - ▶ Ride
 - ▶ Shoot



What is the competition format for tetrathlon?

- ▶ 1. Tetrathlon can be an Individual and or Team Competition
- ▶ 2. Age and Gender groups can be diverse to encourage participation
- ▶ 3. There are PCA Tetrathlon Official Rules, currently 2021, that serve as a standard for Official Competitions, however many States have variations. The Tet TD must be aware of the variations as ultimately it is the Tet TD who oversees the whole competition





Whose Responsibility is it to know the Rules?

The competitor – ignorance is no defence

Organising a Competition

- ▶ Submit a date request to the relevant Zone +/- State Governing body, together with a Programme
- ▶ Programme Details: -
 - ▶ The Host Pony Club
 - ▶ The Date(s) of the competition, time & phase locations
 - ▶ The Competition Events that are available for entry and scoring formats for non-official variations
 - ▶ The Cost to enter, including any additional subsidies for the provision of the appropriate First Aid / Paramedic, camping and stabling / yards for horses
 - ▶ The Event Secretary
 - ▶ The Event Tet TD
 - ▶ Closing date for nominations
 - ▶ All venues need to be booked in advance

Ideally the
Organising
Committee
needs to
appoint the
following
personnel

- ▶ Tet TD
- ▶ Competition / Event Manager
- ▶ Event Scorer
- ▶ Riding Course Builder
- ▶ Riding Course Judge
- ▶ Appeals Committee
- ▶ Phase Stewards for each of the 4 disciplines:
swim; shoot; ride & run

The following is likely in the near future: -

- ▶ *Serious Incident Controller (SIC) who is the head of the Serious Incident Management Team (SIMP-T)*

Basic Phase Steward Jobs

▶ Swimming

- ▶ Identify a suitable pool. The pool temperature must be 25 – 28C with competition lanes. Ideally the pool has starting blocks and sufficient depth to dive at one end and tumble turn at the other
- ▶ Organise the lane designation, heat order, time-keeping, recording of times and timely transfer of results to the Scorer

▶ Shooting

- ▶ The Range needs to be: -
 - ▶ An appropriate size, with power, good lighting, a comfortable operating temp and in an area where extraneous noise is minimised
 - ▶ Safe 'Access Control'

▶ Riding

- ▶ Ensure that there is a suitable Slip Rail & Gate and Course Builder
- ▶ Ensure that any portable XC fences MUST be secured to the ground on the take-off side

▶ Running

- ▶ Site an appropriate Course with the Start and Finish within 20m of each other
- ▶ Organise time keeping, recording of times and timely transfer to the Scorer

Order and timing of phases

- ▶ The order and timing of the phases should be planned to optimize the welfare of the horse and the athlete
- ▶ Some factors to consider are: -
 - ▶ Weather forecast
 - ▶ Ambient light levels
 - ▶ U-V Index
 - ▶ Temperature
 - ▶ Humidity
 - ▶ Travel and recovery time between phases

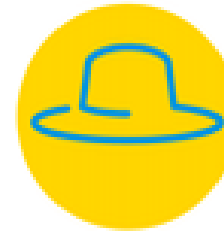
Slip



Slop



Slap



Seek



Slide



Legal liabilities

- ▶ Neither the Local Organising Committee (LOC), nor any person acting on their behalf, accept liability for any loss, damage, accident, injury or illness to horses, competitors, spectators or any person or property whatsoever
- ▶ The above is standard for all PC Events

Organising Committee's 'Reservation of Rights'

- ▶ To: -
 - ▶ Cancel any Class or Event
 - ▶ Divide any Class
 - ▶ To transfer competitors between sections of a class
 - ▶ To alter the advertised times



Presentation dress code: State, Zone, Club formal or informal riding attire

Technical Meeting – Major Events

- ▶ Attendance is compulsory for the Phase Stewards, Tet TD, Coaches and Team managers
 - ▶ Parents and competitors are not to attend
- ▶ Information to be distributed where appropriate: -
 - ▶ Competition schedule including course walk times
 - ▶ Competition area map(s) including training venues and times
 - ▶ Maps / plans for running and riding courses
 - ▶ Start lists for all phases
- ▶ *Likely in the near future: Serious Incident Management Plan (SIMP)*





COVID SAFE

SPORT COACH / OFFICIAL™

COVID-19 or
other
infectious
diseases

See current State requirements

Knowledge Check



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- ▶ 1. What are the characteristics for a swimming venue that must be adhered to be deemed suitable to host the swimming phase of a tetrathlon? (2)
- ▶ 2. What are the requirements for a suitable shooting range? (6)
- ▶ 3. Why should the expected weather conditions play a role in planning the order of events? (2)
- ▶ 4. What are the presentation requirements, regarding dress standards for Nationals? (1)
- ▶ 5. Which of the following is compulsory and which are desirable: Run Course Plan, Ride Course Plan? (2)