

Virtual Training/Activities Guidelines

Pony Club Queensland is aware that due to the current restrictions in place that riders may be experiencing difficulties in continuing to upskill riding techniques in preparation for when pony club can resume.

Pony Club Queensland encourages all members to pro-actively maintain a training program by forwarding a short training video to their Club Chief Instructor/coach for coaching. <u>Please note virtual training/activity video's containing livestock are excluded.</u>

Guidelines:

- Riding (eg. Flat riding, Jump riding, Sporting, Dressage Test, Showjumping)
 - o Rider to produce a 1-5 minute video of training session where they would like comment of feedback from their coach.
 - Forward video to club chief instructor/coach with commentary of question or request for feedback.
 - o Club chief instructor to provide coaching commentary or response to question.
 - Club chief instructor/coach and/or rider to contract each other by phone/facetime/zoom/skype for follow up and further discussion.

• Coach Guidelines:

- Trainee coaches/Coaches Upskilling (training or completion of task)
 - Trainee coaches/Coaches Upskilling to prepare and submit a 1-5 minute video on an aspect from the training manual which can be used for training or completion of a course component.
 - Mentor to provide commentary of demonstration and explanation.
 - NOTE: Video evidence <u>NOT</u> to completely replace face-2face assessment.

Proficiency Certificates:

- Rider to prepare and submit a 1-5 minute video on an aspect from the Proficiency Certificate which can be used for training or completion of a certificate component.
- Rider to submit aspects of horsemastership topics to your club chief instructor for assessment or coach for commentary on demonstration and explaining the topic
- Club chief instructor/coach and/or rider to contract each other by phone/facetime/zoom/skype for follow up and further discussion
- o NOTE: Video evidence NOT to completely replace face-2-face assessment.