

<p>1. Respect the rights, dignity and worth of every human being.</p>	<ul style="list-style-type: none"> • Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion.
<p>2. Ensure the athlete's time spent with you is a positive experience.</p>	<ul style="list-style-type: none"> • All athletes are deserving of equal attention and opportunities.
<p>3. Treat each athlete as an individual.</p>	<ul style="list-style-type: none"> • Respect the talent, developmental stage and goals of each individual athlete. • Help each athlete reach their full potential.
<p>4. Be fair, considerate and honest with athletes.</p>	
<p>5. Be professional and accept responsibility for your actions.</p>	<ul style="list-style-type: none"> • Display high standards in your language, manner, punctuality, preparation and presentation. • Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators. • Encourage your athletes to demonstrate the same qualities
<p>6. Make a commitment to providing a quality service to your athletes.</p>	<ul style="list-style-type: none"> • Maintain or improve your current NCAS accreditation. • Seek continual improvement through performance appraisal and ongoing coach education. • Provide a training program which is planned and sequential. • Maintain appropriate records.

<p>7. Operate within the rules and spirit of your sport.</p>	<ul style="list-style-type: none"> • The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, such as anti-doping policy, selection procedures etc. • Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA).
<p>8. Any physical contact with athletes should be:</p>	<p>appropriate to the situation necessary for the athlete's skill development. *</p>
<p>9. Refrain from any form of personal abuse towards your athletes. *</p>	<ul style="list-style-type: none"> • This includes verbal, physical and emotional abuse. • Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.
<p>10. Refrain from any form of harassment towards your athletes.</p>	<ul style="list-style-type: none"> • This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability. • You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
<p>11. Provide a safe environment for training and competition.</p>	<ul style="list-style-type: none"> • Ensure equipment and facilities meet safety standards. • Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes.
<p>12. Show concern and caution towards sick and injured athletes.</p>	<ul style="list-style-type: none"> • Provide a modified training program where appropriate. • Allow further participation in training and competition only when appropriate. • Encourage athletes to seek medical advice when required. • Maintain the same interest and support towards sick and injured athletes.
<p>13. Be a positive role model for your sport and athletes.</p>	