



## PCQ- Activity Sheet- Number 3

These activities are divided into E, D/D\*, C/C\* and above. You can simply do your level or all of them! It's up to you! It's a good idea to start at E even if you are aiming C\* plus!!!!

### Topic: Saddle fitting

#### E Certificate Level

**Theory Task-** unjumble the following words which are parts of the saddle

trigh- \_\_\_\_\_

lmopme- \_\_\_\_\_

pítsrur- \_\_\_\_\_

eldasd- \_\_\_\_\_

**Practical Task-** Run your stirrups up in preparation for unsaddling and or leading and take a photo to send to your club Chief Instructor.

#### D/D\* Certificate level

**Theory Task-** Fill in the missing letters in the items below.

Wa\_st

Sw\_a\_\_ f\_ap

G\_ll\_\_

\_\_eat

Sti\_ru\_\_ Lea\_\_her\_\_

B\_\_r

C\_nt\_\_e

**Practical Task-** Check, does your saddle sit behind the horses shoulder?  
Check, is your saddle not pressing on the wither or spine?

#### C/C\* Certificate Level

**Theory Task-**

What is the purpose of the following parts of the saddle?

Point pocket- \_\_\_\_\_

Buckle Guard- \_\_\_\_\_

Knee Roll- \_\_\_\_\_

Tree- \_\_\_\_\_

Name the types of saddle allowed in Pony Club

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**Practical Task-** Is there no pressure on your horses lumbar? Take a photo of this to send to your club Chief Instructor indicating where the lumbar area is.

**Beyond C\***

What is the purpose of the following parts of the saddle?

Panel- \_\_\_\_\_

Gullet- \_\_\_\_\_

Skirt- \_\_\_\_\_

Panels \_\_\_\_\_

What are some indicators that your saddle may not be fitting correctly?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name the muscles and parts of the horse that you need to consider when a saddle is fitted and the reasons why.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **The Saddle- Everyone have a go!!!!**

Z V D K H N C G P S S T E L S J D S A W  
T K F K N K D A K T U B T T D I R H N E  
E E Q B G E L K I A V M I I E A D O V R  
L V N U O F E R W L V R I L Z H R U C G  
L X X I T Q R R W I R R D S N I P L Q B  
U L W A P U T Y O U T N B L S M F D E T  
G Q E R P S I V P L E H H B H I Y E I A  
O W E A Z N X L Y A L I E B H Z G R S H  
S D R A U G E L K C U B U R T E C N K U  
I Q B H T A Q I P T L U M B A R W X O G  
A O W D T X I Q A Z E H X A E N A U D L  
G K P H K Q B Q L U N L S D S G I M X O  
G V E B R K G L F T N U T G J Z S A Z Y  
B R P E B W U D E T F P G N Z B T W H N  
V U B Z S G I N L G J S H R A H Q K O C  
B X G K N V R B D L E M M O P C C N D N  
P U I I G J R V D N R N F X D I K W C M  
H R N M Q Y A E A C X A K W T M N E Y T  
T I I J U F I K S S L R M L M L E N A P  
L A B Y L Z A S U R C I N G L E Y G M C

BUCKLE GUARD  
IRON  
LONGISSIMUS  
POMMEL  
SHOULDER  
STIRRUP  
SWEAT FLAP

CANTLE  
KNEE ROLL  
LUMBAR  
SADDLE FLAP  
SKIRT  
STIRRUP LEATHER  
WAIST

GULLET  
LINING  
PANEL  
SEAT  
SPINE  
SURCINGLE  
WITHER